

## **DENTURE/ PARTIAL INSTRUCTIONS**

1. It's very common to have a few sore spots for the first few weeks with a new denture or partial. Sore spots occur when the denture or partial is putting too much pressure on one area of your mouth. Call our office so we can make any necessary adjustments. Never try to adjust or repair your denture or partial yourself—you could easily damage it and affect how it fits.
2. Your new bite may take a few days to feel comfortable. We can adjust the contacting surfaces of your teeth during this initial phase until your new denture or partial has settled into place.
3. Caring for Your Partial or Denture
  - a. You will need to clean your partial or denture daily. (Before cleaning, be sure to fill the sink with water or lay a soft towel down—a partial or denture can break if it falls on a hard surface.)
  - b. Rinse your partial or denture under warm water after each meal to remove plaque and food debris. Do not use boiling or very hot water—doing so can cause the partial or denture to warp and affect its fit.
  - c. Brush your partial or denture daily with a soft toothbrush or denture brush and a cleaner of choice (white vinegar, dish soap, denture cleanser). Avoid regular toothpaste as it is too abrasive and can cause scratches in the acrylic.
  - d. Soak your partial in water using denture-cleaning tablets to help remove light stains and loosen plaque buildup weekly or as needed
4. When traveling or if you remove your partial temporarily, always place it in a denture case to keep from losing it. Never place it on a napkin or tissue. We have had patients accidentally throw away a partial denture after placing it on a napkin, paper towel, or tissue for “just a moment.”
5. Dog owners: Please keep your partial out of reach of your dog! We cannot emphasize enough that your dog will think your partial is a chew toy and destroy it given the opportunity!
6. When not wearing your partial, always keep it in water or a denture solution; otherwise, the acrylic will dry out over time causing it to become brittle and affecting the fit.
7. Unless otherwise instructed, remove your partial before going to sleep each night to allow your gum tissue to breathe. Doing so will help prevent irritation and discomfort and infection of the soft tissue beneath your partial.

Please call our office at (931)363-6300 if you have any questions or concerns